



MICROBLADING PRE-CARE INSTRUCTIONS

- No alcohol or caffeine twenty-four (24) hours before procedure
- Do not work out the day of the procedure
- Avoid the sun/no tanning two (2) week prior to the procedure
- Do not take fish oil, Vitamin #, Aspirin, or Ibuprofen (any natural blood thinners) seventy-two (72) hours prior to the procedure
- No Botox or fillers six (6) weeks prior or after the procedure
- No brow waxing or tinting one (1) week prior to the procedure
- No facial or chemical peel of any kind four (4) weeks prior to the procedure
- No Alpha Hydroxy Acid products close to eyebrow area four (4) weeks prior and after the procedure
- No Accutane within one (1) year of treatment

Please note: you will be more sensitive during your menstrual cycle